

## May 2012 Orleans High School Menu

### Featured Specials of the Day

#### **Tuesday, May 1**

Egg patties 2g, toast 14g or cereal, toast 14g

#### **Wednesday, May 2**

Biscuits 24g each, gravy 8g or cereal, toast 14g

#### **Thursday, May 3**

Pancakes 84g, peanut butter 4g, syrup 31g or cereal, toast 14g

#### **Friday, May 4**

Banana nut muffin 50g

#### **Monday, May 7**

Breakfast pizza 23g or cereal, toast 14g

#### **Tuesday, May 8**

Scrambled eggs 2g, toast 14g or cereal, toast 14g

#### **Wednesday, May 9**

Biscuits 24g each, gravy 8g or cereal, toast 14g

#### **Thursday, May 10**

french toast stix 26g, sausage 1g, syrup 31g or cereal, toast 14g

#### **Friday, May 11**

Apple cinnamon texas toast 50g or cereal, toast 14g

#### **Monday, May 14**

Breakfast burrito 28g or cereal, toast 14g

#### **Tuesday, May 15**

Egg 1g, cheese 1g, biscuit 24g

#### **Wednesday, May 16**

Biscuits 24g each, gravy 8g or cereal, toast 14g

#### **Thursday, May 17**

Waffle stix 56g, peanut butter 4g, syrup 31g or cereal, toast 14g

#### **Friday, May 18**

Blueberry muffin 50g or cereal, toast 14g

your featured choices  
for today's date.

### Featured Specials of the Day

#### **Tuesday, May 1**

Fettucine alfredo with chicken 7.5g/garlic toast 19g

Beef & cheddar/bun 33g

#### **Wednesday, May 2**

Cook's choice entrée/yeast roll 19g

Hot ham & cheese 28g

#### **Thursday, May 3**

Buffalo popcorn chicken 16g/ranch dip 9g/2 biscuits 24g each

Philly steak sub 41g

#### **Friday, May 4**

Bosco stix 48g/marinara sauce 4.5g

Fish sandwich 42g

#### **Monday, May 7**

Walking taco 18g/cinnamon stick 32g

Turkey sub 38g

#### **Tuesday, May 8**

Mozzerella cheese sticks 35g/marinara sauce 4.5g

Breaded chicken/bun 36g

#### **Wednesday, May 9**

Turkey manhattan 35g/yeast roll 19g

Bbq pork sliders 52g

#### **Thursday, May 10**

Country fried steak 20g/biscuit 24g/gravy 5g

Grilled chicken/bun 28g

#### **Friday, May 11**

Spaghetti/meatsauce 30g/breadstick 30g

Fish treasures 21g/macaroni & cheese 19g/cornbread 21g

#### **Monday, May 14**

Bbq chicken breast/biscuit 24g

Ham & cheese sub 31g

#### **Tuesday, May 15**

Nachos/cheese 16g

Breaded pork/bun 43.2g

#### **Wednesday, May 16**

Beef & noodles 20g/yeast roll 19g

Corndog 27g

#### **Thursday, May 17**

Chicken fajitas 30g/cinnamon roll 78g

Grilled cheese 30g

#### **Friday, May 18**

Paradise pizza

Assorted sandwichs



### Featured Specials of the Day

#### **Tuesday, May 1**

Broccoli 2.5g, corn 15g, potato wedges 13g, fruit cup, fresh fruit

#### **Wednesday, May 2**

Green beans 4g, cauliflower 2g, mashed potatoes 19g, fruit cup, fresh fruit

#### **Thursday, May 3**

Carrots 8g, brussel sprouts 3g, steak fries, fruit cup, fresh fruit

#### **Friday, May 4**

Salad 0g/dressing 9g, peas 11g, french fries 20g, fruit cup,  
fresh fruit

#### **Monday, May 7**

Shredded lettuce 0g, diced tomatoes 2g, salsa 2g, California blend 3g,  
spicy fries 16g, fruit cup, fresh fruit

#### **Tuesday, May 8**

Corn 15g, broccoli 2.5g, potato smiles 19g, fruit cup, fresh fruit

#### **Wednesday, May 9**

Carrots 8g, cabbage 2g, mashed potatoes 19g, fruit cup, fresh fruit

#### **Thursday, May 10**

Green beans 4g, peas 11g, potato wedges 13g, fruit cup, fresh fruit

#### **Friday, May 11**

Salad 0g/dressing 9g, cauliflower 2g, french fries 20g, fruit cup, fresh fruit

#### **Monday, May 14**

California blend 3g, carrots 8g, quick baked potato 29g, fruit cup, fresh  
fruit

#### **Tuesday, May 15**

Mexicali corn 15g, spinach .55g, tater tots 14g, fruit cup, fresh fruit

#### **Wednesday, May 16**

Green beans 4g, broccoli 2.5g, mashed potatoes 19g, fruit cup, fresh fruit

#### **Thursday, May 17**

Corn 15g, lima beans 20g, spicy fries 16g, fruit cup, fresh fruit

#### **Friday, May 18**

Assorted vegetables, assorted fruits, french fries 20g